

Physical Education

- The child has learned the rules and basic skills of netball such as passing, catching, and shooting.
- They have developed hand-eye coordination and agility through the movements required in netball.
- They have improved their teamwork and communication skills through playing in a team sport.
- The activity has also promoted physical fitness and endurance through running, jumping, and quick movements on the court.

For continued development in netball, encourage the child to practice different positions in the game, such as shooter, defender, and midcourter, to understand the game better and improve their overall skills. Additionally, organizing mini-games or tournaments with other classmates or friends can enhance their strategic thinking and decision-making abilities on the court.

Book Recommendations

- [Netball Gems series](#) by Lisa Gibbs and Bernadette Hellard: A series of books following the adventures of a netball team, focusing on teamwork, friendship, and sportsmanship.
- [The Netball Diaries: The Big Match](#) by Alex Smith: A story about a group of friends who play netball together and face challenges both on and off the court.
- [The Victory Ball](#) by E.J. Oxenham: A classic tale about a group of girls who form a netball team and work together to achieve success in the sport.

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