

## Physical Education

- The student has learned hand-eye coordination through the action of throwing and catching a ball.
- Developed motor skills, including balance and agility, by practicing movement involved in throwing and catching.
- Understood the importance of teamwork and communication while playing the activity with others.
- Learned the basic rules and techniques involved in throwing and catching a ball.

For continued development, encourage the student to practice different types of throwing and catching, such as underhand and overhand throws and one-handed catches. Additionally, introduce variations like using smaller or larger balls to further challenge their coordination and strength.

## Book Recommendations

- [Catch That Ball!](#) by Jacqueline East: A fun story of a child learning to catch a ball with the help of different animals.
- [The King of Show-And-Tell](#) by Abby Klein: Join Freddy as he navigates the challenges of being the king of show-and-tell, including showing off his baseball skills.
- [I Can Play! A Story about Making Friends](#) by Betsy Bluhm: Follow the journey of a boy who learns how to make friends through playing catch with a ball.

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