Playing badminton / Subject Explorer / LearningCorner.co

- Developed hand-eye coordination by hitting the shuttlecock with the racket.
- Improved gross motor skills through running and jumping to reach and return the shuttlecock.
- Enhanced balance and agility while moving around the court.
- Learnt basic rules of the game, such as scoring points and serving.
- Enhanced listening skills by following instructions given by the teacher or coach.
- Developed social skills by playing with classmates and learning to take turns.

To further develop the child's physical education skills through playing badminton, you can:

- Practice different shots and techniques, such as the serve, overhead smash, and drop shot.
- Introduce mini-games or drills that focus on specific skills like footwork or accuracy.
- Encourage friendly competitions or organize small tournaments within the class.
- Invite a guest instructor or coach to provide more advanced training and tips.
- Incorporate conditioning exercises to improve stamina and strength.