

- Develops gross motor skills by engaging in physical movements such as sweeping, mopping, and lifting objects.
- Improves balance and coordination while moving around the house and using cleaning tools.
- Enhances strength and endurance through activities like scrubbing, carrying laundry, and vacuuming.
- Engages in physical activity by walking or climbing stairs while cleaning different areas.
- Practices hand-eye coordination when picking up small objects or placing items in their respective places.

Continued development related to the activity:

Encourage the child to take on more responsibilities and chores around the house. This could include tasks like organizing toys, watering plants, or helping with meal preparation. Provide age-appropriate cleaning tools and materials to foster independence and further develop their physical skills. Incorporate music or playful challenges to make cleaning more enjoyable and stimulating. This activity can also be an opportunity to teach them about the importance of cleanliness and responsibility in maintaining their living environment.