

Here is a 35-week curriculum for 1st grade Social Studies with a focus on civics, history, geography, and economics. Each week assumes about 60 minutes per session.

Week 1

Time Required: 60 minutes

Topic Name: Understanding Our Community

Lesson Plan Description: Introduction to the concept of community and neighborhoods. Discuss different places in a community (homes, schools, stores).

Worksheet Description: Draw and label places in your community.

Quiz Description: Match places to their functions (e.g., school – learning).

Subject Explorer Entry: Learned about different parts of our community and their roles.

Week 2

Time Required: 60 minutes

Topic Name: People Who Help in Our Community

Lesson Plan Description: Discuss community helpers like police officers, firefighters, doctors, and teachers.

Worksheet Description: Color pictures of community helpers and write one thing they do.

Quiz Description: Identify community helpers from pictures and say what they do.

Subject Explorer Entry: Explored roles of community helpers.

Week 3

Time Required: 60 minutes

Topic Name: Rules and Laws in Our Community

Lesson Plan Description: Why do communities have rules? Discuss simple rules at school and home.

Worksheet Description: Circle the picture that follows the rule and cross the one that doesn't.

Quiz Description: True/False questions on simple community rules.

Subject Explorer Entry: Learned about rules and laws that keep us safe.

Week 4

Time Required: 60 minutes

Topic Name: Symbols of Our Country

Lesson Plan Description: Introduce American symbols – flag, bald eagle, Statue of Liberty.

Worksheet Description: Match symbols to their names.

Quiz Description: Identify symbols by picture.

Subject Explorer Entry: Explored important symbols of our country.

Week 5

Time Required: 60 minutes

Topic Name: Our National Holidays

Lesson Plan Description: Introduce Presidents' Day, Independence Day, Veterans Day.

Worksheet Description: Match holidays to pictures and their meanings.

Quiz Description: Multiple choice questions on holidays and why we celebrate them.

Subject Explorer Entry: Learned about important national holidays.

Week 6

Time Required: 60 minutes

Topic Name: What is History?

Lesson Plan Description: Introduction to history as stories about the past. Talk about family history as a start.

Worksheet Description: Draw a family tree with simple labels.

Quiz Description: Check understanding of past and present.

Subject Explorer Entry: Discovered how history helps us learn about the past.

Week 7

Time Required: 60 minutes

Topic Name: Famous Americans: George Washington

Lesson Plan Description: Story of George Washington and his importance.

Worksheet Description: Color a picture of George Washington and complete a simple word search.

Quiz Description: Answer simple questions about George Washington.

Subject Explorer Entry: Learned about George Washington's role in history.

Week 8

Time Required: 60 minutes

Topic Name: Maps and Globes

Lesson Plan Description: Introduction to maps and globes. Basic directions: north, south, east, west.

Worksheet Description: Label directions on a compass rose.

Quiz Description: Identify directions on a simple map.

Subject Explorer Entry: Explored maps, globes, and directions.

Week 9

Time Required: 60 minutes

Topic Name: Our State and Capital

Lesson Plan Description: Learn your state name, capital, and state symbols.

Worksheet Description: Color the state on a map and match symbols to your state.

Quiz Description: Multiple choice questions on your state's capital and symbols.

Subject Explorer Entry: Learned about our state and its capital.

Week 10

Time Required: 60 minutes

Topic Name: Landforms Around Us

Lesson Plan Description: Introduce mountains, rivers, plains, and forests.

Worksheet Description: Match pictures of landforms to names.

Quiz Description: Identify landforms from pictures.

Subject Explorer Entry: Explored different landforms in nature.

Week 11

Time Required: 60 minutes

Topic Name: Weather and Seasons

Lesson Plan Description: Discuss types of weather and the four seasons.

Worksheet Description: Draw and label pictures for each season.

Quiz Description: Match weather types to seasons.

Subject Explorer Entry: Learned about weather and the seasons.

Week 12

Time Required: 60 minutes

Topic Name: Goods and Services

Lesson Plan Description: Introduction to goods (things you buy) and services (help from people).

Worksheet Description: Circle pictures of goods and underline pictures of services.

Quiz Description: Identify examples of goods and services.

Subject Explorer Entry: Explored the difference between goods and services.

Week 13

Time Required: 60 minutes

Topic Name: Needs and Wants

Lesson Plan Description: Explain difference between needs (must-haves) and wants (nice-to-haves).

Worksheet Description: Sort pictures into needs and wants.

Quiz Description: True/False on needs vs. wants.

Subject Explorer Entry: Learned about needs and wants.

Week 14

Time Required: 60 minutes

Topic Name: Jobs in Our Community

Lesson Plan Description: Discuss different jobs people have and their importance.

Worksheet Description: Draw a job you want and write what it does.

Quiz Description: Match jobs to their descriptions.

Subject Explorer Entry: Explored different jobs people do.

Week 15

Time Required: 60 minutes

Topic Name: Money and Saving

Lesson Plan Description: Introduce money as a way to buy goods and services. Importance of saving.

Worksheet Description: Identify coins and their values; color a piggy bank.

Quiz Description: Match coins to their names and values.

Subject Explorer Entry: Learned about money and saving.

Week 16

Time Required: 60 minutes

Topic Name: Family Traditions and Cultures

Lesson Plan Description: Discuss family traditions and learn about diverse cultures around us.

Worksheet Description: Draw a family tradition.

Quiz Description: Identify traditions from pictures.

Subject Explorer Entry: Explored family traditions and cultures.

Week 17

Time Required: 60 minutes

Topic Name: Transportation Then and Now

Lesson Plan Description: Compare old and new ways of traveling (walking, horses, cars, planes).

Worksheet Description: Put pictures in order from oldest to newest.

Quiz Description: Multiple choice on types of transportation.

Subject Explorer Entry: Learned the history of transportation.

Week 18

Time Required: 60 minutes

Topic Name: Maps: Land and Water

Lesson Plan Description: Identify land and water on maps.

Worksheet Description: Color land green and water blue on a simple map.

Quiz Description: Identify land and water on a map.

Subject Explorer Entry: Explored land and water areas on maps.

Week 19

Time Required: 60 minutes

Topic Name: Caring for Our Environment

Lesson Plan Description: Simple ways to care for the Earth: recycling, saving water.

Worksheet Description: Match actions to caring for the environment.

Quiz Description: True/False on good environmental habits.

Subject Explorer Entry: Learned ways to take care of our environment.

Week 20

Time Required: 60 minutes

Topic Name: Maps: Using a Legend

Lesson Plan Description: Learn what a map legend/key is and how it helps.

Worksheet Description: Create a simple legend for given map symbols.

Quiz Description: Match map symbols to meanings.

Subject Explorer Entry: Explored map legends.

Week 21

Time Required: 60 minutes

Topic Name: Our President and Leaders

Lesson Plan Description: Learn about the role of president and local leaders.

Worksheet Description: Color a picture of the president and write the leader's job.

Quiz Description: Identify leaders and what they do.

Subject Explorer Entry: Learned about national and local leaders.

Week 22

Time Required: 60 minutes

Topic Name: History: Inventions that Changed the World

Lesson Plan Description: Stories about important inventions like the telephone, light bulb.

Worksheet Description: Match inventions to pictures.

Quiz Description: Multiple choice on inventions.

Subject Explorer Entry: Explored important inventions from history.

Week 23

Time Required: 60 minutes

Topic Name: Community Places and Services Review
Lesson Plan Description: Review important community places and services.
Worksheet Description: Fill-in-the-blank with community places.
Quiz Description: Label community places on a map.
Subject Explorer Entry: Reviewed community places and services.

Week 24

Time Required: 60 minutes
Topic Name: Economics: How We Use Money
Lesson Plan Description: Basics of earning, spending, and saving money.
Worksheet Description: Simple budgeting activity with pictures.
Quiz Description: Multiple choice questions on money uses.
Subject Explorer Entry: Learned how people use money.

Week 25

Time Required: 60 minutes
Topic Name: The Earth: Land, Air, and Water
Lesson Plan Description: Introduction to Earth's main parts and their importance.
Worksheet Description: Circle land, air, and water pictures.
Quiz Description: Identify Earth's parts from pictures.
Subject Explorer Entry: Explored land, air, and water of our planet.

Week 26

Time Required: 60 minutes
Topic Name: Rights and Responsibilities
Lesson Plan Description: Talk about basic rights (to be safe, to learn) and responsibilities.
Worksheet Description: Match rights to responsibilities pictures.
Quiz Description: True/False on rights and responsibilities.
Subject Explorer Entry: Learned about rights and responsibilities.

Week 27

Time Required: 60 minutes
Topic Name: History: Famous Americans: Abraham Lincoln
Lesson Plan Description: Story of Abraham Lincoln's life and importance.
Worksheet Description: Color a picture of Lincoln and write one fact.
Quiz Description: Answer questions about Lincoln.
Subject Explorer Entry: Learned about Abraham Lincoln.

Week 28

Time Required: 60 minutes

Topic Name: Directions and Locations

Lesson Plan Description: Practice giving and understanding directions: left, right, straight.

Worksheet Description: Follow a simple map with directions.

Quiz Description: Answer questions using directions.

Subject Explorer Entry: Practiced giving and understanding directions.

Week 29

Time Required: 60 minutes

Topic Name: Our Country's Geography

Lesson Plan Description: Overview of the USA's major regions (mountains, plains, coasts).

Worksheet Description: Color different regions on a map.

Quiz Description: Identify regions from descriptions.

Subject Explorer Entry: Explored USA's geography.

Week 30

Time Required: 60 minutes

Topic Name: Economy: Producers and Consumers

Lesson Plan Description: Explain what producers and consumers are.

Worksheet Description: Sort pictures into producers vs. consumers.

Quiz Description: Multiple choice on producers and consumers.

Subject Explorer Entry: Learned about producers and consumers.

Week 31

Time Required: 60 minutes

Topic Name: History: Native Americans

Lesson Plan Description: Introduction to Native American cultures and contributions.

Worksheet Description: Match pictures of Native American items to their uses.

Quiz Description: Identify Native American cultural items.

Subject Explorer Entry: Learned about Native American history.

Week 32

Time Required: 60 minutes

Topic Name: Calendar: Understanding Days, Weeks, Months

Lesson Plan Description: How a calendar works and important dates.

Worksheet Description: Fill in a simple calendar for the current month.

Quiz Description: Answer questions about days and months.

Subject Explorer Entry: Practiced using the calendar.

Week 33

Time Required: 60 minutes

Topic Name: Goods We Use Every Day

Lesson Plan Description: Identify common goods in daily life and where they come from.

Worksheet Description: Draw and label goods from home.

Quiz Description: Match goods to uses.

Subject Explorer Entry: Explored everyday goods.

Week 34

Time Required: 60 minutes

Topic Name: Our Country's Flag: History and Respect

Lesson Plan Description: Learn about the American flag's meaning and proper respect.

Worksheet Description: Color the flag and write how to show respect.

Quiz Description: Identify parts of the flag and flag etiquette.

Subject Explorer Entry: Learned about the flag and respect for it.

Week 35

Time Required: 60 minutes

Topic Name: Review and Celebrate Our Learning

Lesson Plan Description: Review key concepts from all prior lessons through games and discussions.

Worksheet Description: Complete a fun crossword or word search covering all topics.

Quiz Description: Short quiz covering the main topics learned.

Subject Explorer Entry: Reviewed and celebrated learning in social studies.

If you'd like, I can prepare detailed lesson plans and worksheets for specific weeks upon request!