

Strokes are like messages that our brain sends to different parts of our body to make them move. Imagine that your brain is like a superhero that controls your entire body! When you want to wave hello with your hand, your brain sends a stroke that tells your hand muscles to move up and down.

Just like how a remote control works to change the channel on the TV, strokes help us do things like walk, talk, eat, and even give someone a high-five. They're like invisible helpers inside our heads that make our bodies do all sorts of cool stuff!

However, sometimes something might go wrong with these strokes, and this can make it harder for our bodies to move the way we want them to. It's a bit like a tangled-up string that doesn't work properly. When this happens, we might need a special doctor called a therapist to help us untangle things and get our strokes working smoothly again.

Remember, strokes are like magical signals from our brain that help us perform everyday tasks with ease. So, the next time you pick up your favorite toy or give a big smile, thank your strokes for making it all happen!