

What is a Birthday?

A birthday is a special day when we celebrate the day we were born. Every year, we get one year older. For example, if you are 8 years old, it means you celebrated your birthday 8 times!

How Do We Calculate Our Age?

To find out how old you are, you can count the years since you were born. Here's how you can do it step by step:

1. **Start with your birth year.** This is the year you were born. If you were born in 2015, that is your birth year.
2. **Look at the current year.** Right now, it is 2023.
3. **Subtract your birth year from the current year.** So, $2023 - 2015 = 8$ years.

This means you are now 8 years old!

Why Do We Celebrate Birthdays?

Birthdays are fun! We celebrate by having parties, eating cake, and receiving presents. It's a way to show love and appreciation for that person.

So remember, every time it's your birthday, you are not just getting older; you are having a special day just for you!