

I'm glad you're eager to learn! Let's imagine your cooked mince is like a little pet that needs to be taken care of. Just like you wouldn't leave your pet outside in the sun for too long, you also shouldn't leave your cooked mince out of the fridge for too long. When you cook mince, it becomes a cozy home for bacteria to grow, just like when you leave food out, flies might come and make it dirty. So, always remember to put your mince in the fridge, just as you would bring your pet inside where it's safe and cool. It's best to let your mince stay in the fridge with its friends (other food) to keep it fresh and tasty for longer. Enjoy your meal!