

How Much Water Does a Sunflower Need?

Sunflowers are beautiful, tall flowers that love sunshine! To help them grow big and healthy, you need to water them the right amount.

Step 1: When to Water

Sunflowers need to be watered regularly, especially when they are young. Right after planting, give them a good soaking so the soil is wet about 6 inches deep.

Step 2: How Much Water

Usually, sunflowers need about 1 inch (2.5 cm) of water per week. This is like filling a small watering can once or twice a week. The soil should stay moist but not soggy, meaning it shouldn't be too wet or too dry.

Step 3: Check the Soil

Check the soil by sticking your finger about 2 inches into the soil. If it feels dry, it's time to water. If it's still wet, you can wait a day or two.

Step 4: Weather Matters

On really hot or sunny days, your sunflower might need extra water to stay fresh. On cooler or rainy days, you might need less watering.

Step 5: Watering Tips

- Water the soil at the base of the plant, not the leaves, so the water goes straight to the roots.
- Water early in the morning or late in the afternoon to save water and avoid evaporation.

By following these easy steps, your sunflower will get just the right amount of water to grow tall and bright!