

What is a Brazil Nut Tree?

The Brazil nut tree is a very tall tree that grows mostly in the Amazon rainforest, which is in South America. It can grow up to 50 meters (about 160 feet) tall! That's as tall as a 15-story building.

What are Brazil Nuts?

Brazil nuts are the seeds that come from the fruit of the Brazil nut tree. The fruit looks like a big, hard coconut too big to hold easily. Inside, there are many Brazil nuts shaped like little wedges, kind of like big almonds but bigger and with a hard shell.

How Do Brazil Nuts Grow?

- The Brazil nut tree produces big fruits that look like large green pods.
- Inside these pods, there are many Brazil nuts surrounded by a hard shell.
- Animals like agoutis (a kind of rodent) help open these pods and spread the seeds around, which helps new trees grow.

Why Are Brazil Nuts Special?

Brazil nuts are healthy and full of good things like vitamins and minerals. People eat them as snacks or use them in cooking and baking.

Fun Fact

The Brazil nut tree can't be easily planted or grown by people because it needs special bees to help it make fruit, and it depends on animals in the forest to spread its seeds!