

Imagine you're wearing a big, fluffy coat in the summer. It would get pretty hot, right? Well, a long, long time ago, our ancestors, who were early humans, used to have a lot of body hair, like animals do. But humans needed to stay cool, especially when they started to walk and run a lot more in search of food!

Think of body hair as that big, fluffy coat. When humans started living in hotter places and moving around more, having too much hair made them really sweaty and uncomfortable. Over time, humans evolved to have less body hair so they could stay cooler more easily. Isn't that cool?

But why didn't we lose all our hair? That's because some hair still has important jobs. The hair on our heads helps protect us from the sun and keeps us warm in the winter. The hair in our armpits and other places helps reduce friction where body parts rub together. And of course, eyelashes and eyebrows protect our eyes from dust and sweat.

Humans also started wearing clothes to stay warm and protected, so they didn't need as much body hair for warmth anymore. Clothes are like a superpower we invented to adapt to different environments!

So, to sum it up: Humans lost most of their body hair to stay cool while being active in hot climates, but kept some hair for protection and comfort. And we learned to use clothes to help us stay warm and comfortable when we need to. Sounds pretty smart, doesn't it?