

A **league** can refer to two main concepts, depending on the context: a unit of distance or an organized group, particularly in sports and alliances.

## 1. League as a Unit of Distance

Historically, a league is a unit of length that was used in various countries. Though the exact measurement has varied over time and location, a league is commonly understood to be about 3 miles (or approximately 4.8 kilometers). This made it a convenient way to express longer distances before the widespread use of standardized units like the kilometer or mile.

For example, people in the past might say, "The village is five leagues away," meaning it is roughly 15 miles distant.

## 2. League as an Organization or Group

In modern usage, a league often refers to an organized group or association, particularly in sports. For example, in soccer, football, basketball, or baseball, a league is a collection of teams that compete against each other over a season. Examples include the English Premier League or the National Basketball Association (NBA).

Beyond sports, the term "league" can also mean an alliance or group of entities united for a particular purpose, such as the League of Nations, which was an international organization formed after World War I to promote peace.

## Summary

- **As a distance:** A league is roughly 3 miles or 4.8 kilometers.
- **As a group:** A league is an association of teams or organizations sharing common goals.

Understanding which meaning applies depends on the context in which "league" is used.