

Frogs are fascinating creatures that primarily eat small animals. Most frogs are carnivores, which means they eat other animals rather than plants. Here's what frogs usually munch on:

- **Insects:** This includes flies, mosquitoes, moths, crickets, and grasshoppers. Insects make up the majority of a frog's diet.
- **Worms:** Frogs will also eat earthworms and other soft-bodied worms they find in the soil.
- **Spiders:** They can catch and eat spiders as well.
- **Small Fish or Tadpoles:** Some larger frog species catch small fish or even smaller frogs and tadpoles.
- **Other small animals:** Depending on the frog species, they may eat snails, slugs, and sometimes even small reptiles.

Frogs usually catch their food with their sticky, fast tongues. They wait patiently and then quickly flick out their tongue to grab the prey and pull it into their mouth.

So, in short, frogs munch mainly on insects and other small creatures they can catch in their environments!