

Penguins are funny birds that live in very cold places where there is a lot of ice. Instead of just walking, penguins like to slide on their bellies! Sliding on their bellies helps them move faster and have fun at the same time.

Imagine you are on a slide at the playground. Sliding down is quicker than walking down the stairs, right? Penguins do the same thing on ice. They use their bellies to slide forward quickly, so they can get places faster and play in the snow!

This sliding way of moving is called **tobogganing**. Sliding helps penguins save energy and travel easily on the icy ground where walking can be hard.