

Hey there, little buddy! Let's talk about something called 'lying.' You know how sometimes we tell stories? Like when you say a dinosaur came to your birthday party? That's fun and makes people laugh, but it's not true! That's what we call a lie - when we say something that isn't true.

Now, imagine if you borrowed a cookie from your friend and then said, 'I didn't take a cookie!' If your friend finds out, they might feel sad or confused. That's because lying can hurt people's feelings and make them not trust you. It's super important to be honest, like how superheroes always try to do the right thing!

When we tell the truth, we help build trust. Trust is like a strong bridge between friends - it helps us feel safe and connected. If you tell the truth about little things, like finishing your vegetables or cleaning your room, your friends and family will trust you more, and that feels nice!

Instead of lying, we can try to be honest, even when it's hard. If you accidentally broke a toy, it's better to tell your parents what really happened. They might be surprised at first, but they will respect you for telling the truth. And guess what? You can work together to fix it or make it better! That's teamwork!

So, the next time you think about telling a little fib, remember that honesty makes us happy and helps our friendships grow. It's like watering a plant - when we tell the truth, our friendships can blossom and become stronger!