

Yes, healthy people do go to the doctor! Even if someone feels great and is not sick, visiting the doctor is still important. Let's break it down step by step:

1. **Regular Check-Ups:** Doctors want to make sure we are growing up strong and healthy. They have check-ups, which are like little health reports. During these visits, the doctor checks things like our height, weight, and how well our heart is working.
2. **Vaccinations:** Sometimes healthy kids get shots, called vaccinations. These help to prevent sickness. It's like getting a superhero shield that keeps germs away!
3. **Learning About Health:** Visiting the doctor can teach us about staying healthy. They might give advice on eating good foods, staying active, and keeping our minds happy.
4. **Building a Relationship:** Going to the doctor regularly helps us get to know them. If we ever do get sick, we'll feel more comfortable talking to someone we know.

So, healthy people go to the doctor to make sure they stay that way and learn how to take care of themselves even better!