

The phrase '**it must be done by an adult**' signifies that certain tasks or responsibilities necessitate the maturity, judgment, and skill that typically come with adulthood. This statement can be understood in several contexts:

- **Legal Context:** In legal scenarios, this phrase often refers to actions that require legal age, such as signing contracts, voting, or making medical decisions. Only adults are legally recognized to occupy these roles, ensuring that the individuals involved can make informed and responsible choices.
- **Social and Emotional Context:** Tasks that involve emotional intelligence, conflict resolution, or financial management may also be expected to be handled by adults. Adults are generally perceived as more capable of managing these situations due to their life experiences.
- **Developmental Context:** This phrase can also pertain to developmental milestones where children's tasks, such as care for younger siblings or managing household chores, might be deemed inappropriate for them but suitable for an adult who can ensure safety and responsibility.

In conclusion, when something is stated to be done by an adult, it generally emphasizes the need for responsibility, legal authority, and emotional maturity. Understanding this context helps reinforce the distinctions between adult and child roles in various situations.