

A train is like a big, shiny toy that runs on long metal tracks called rails. It has special round wheels that help it move. At the front of the train, there's a strong part called an engine that pulls the rest of the train, which is made up of carriages.

Some trains bring people to different places, just like when you go to the park with your family. These are called **passenger trains**. Other trains, called **freight trains**, carry things like food, toys, or cars to different places. So, trains are super helpful because they help people and move important stuff too!