

Great question! Capital letters are important in writing, and they help us understand the meaning of sentences better. Let's break down why we use them:

1. **Starting Sentences:** Whenever you start a new sentence, the first word will always begin with a capital letter. This helps the reader know that a new thought or idea is starting.
2. **Names:** We always capitalize names of people, places, and things. For example, *Sarah*, *Paris*, and *Pizza Hut*. This shows that we are talking about something special or unique.
3. **Days and Months:** We also capitalize the names of days of the week (like *Monday*) and months of the year (like *January*). This is a rule that helps us recognize time more clearly.
4. **Titles:** When you're writing the title of a book, movie, or report, you usually capitalize the main words (like *The Lion King* or *Harry Potter and the Sorcerer's Stone*). This highlights that these are important names.
5. **Special Terms:** Sometimes, specific terms in important documents or laws are capitalized to give them more significance, like *Constitution* or *Bill of Rights*.

In summary, using capital letters helps make your writing clearer and more organized. It signals important information to the reader. By following these rules, you can make your writing easier to read and understand!