

Okay, little buddy! Let's talk about jam! You know how when you grab a spoon of jelly or jam, it feels all gooey and sticks to the spoon? That's what we mean when we say jam is sticky!

So, here's how we can think about it:

1. **What is Jam?** Jam is made from fruits like strawberries or blueberries and sugar. When we cook them together, they become a thick and sweet spread.
2. **Sticky Stuff!** When you put sugar in fruits and heat them up, a special thing happens! It makes the fruit juice get thicker, just like glue! That's why it sticks to your fingers, toast, or whatever you put it on!
3. **Fun Try!** If you have some jam, you can try to dip your finger in it. See how it pulls away from the jar and feels kind of gooey? That's the stickiness we are talking about!

So, next time you enjoy some yummy jam, remember, it's sticky because of the sugar and fruit mixing together!