

When we're not feeling well, we often go to see a **doctor**. Doctors are special helpers who know a lot about our bodies and how to take care of them. They can help us feel better when we're sick or hurt.

Doctors usually wear a white coat, which helps us recognize them as someone who can help us with our health. One of the tools they use is called a **stethoscope**. This is a long tube with a round part on the end that they put on our chest or back to listen to our **heart** and **lungs**. By listening to these parts of our body, doctors can learn if we are healthy or if something might be wrong.

So, when you're feeling unwell, remember that doctors are there to help you understand what's happening and to make you feel better!