

# What are Trains?

Trains are big, long vehicles that move on tracks. They can do two really important jobs!

## 1. Trains for People

Some trains are like big buses! They take people from one place to another. Imagine you're going to the zoo or visiting grandma. You can ride on a train, sit on comfy seats, and watch the world go by outside the windows!

## 2. Trains for Things

Other trains are like super cool delivery trucks! They carry lots of things, such as food, toys, or even big machines. These trains have special cars to hold all the stuff and help deliver it to stores where we can buy it.

### Why Do We Use Trains?

Trains are great because they can carry many people or lots of things all at once. They help us travel far away and get what we need quickly!

So, whether it's a train full of smiling faces heading to fun places or a train filled with boxes bringing us our favorite toys, trains are super helpful and fun!