## What is Canadian Remembrance Day?

Canadian Remembrance Day is a special day that we celebrate on November 11th every year. It is a time for us to remember the brave soldiers who fought during the wars to keep our country safe.

#### Why Do We Remember?

Many years ago, people went to war, which means they had to fight in battles to protect Canada and other countries. Some of these soldiers returned home, but some didn't come back. Remembrance Day is a way for us to say thank you to all the soldiers and to remember those who gave their lives.

### **How Do We Celebrate Remembrance Day?**

On Remembrance Day, we do a few important things:

- Two Minutes of Silence: At 11 o'clock in the morning, we stop what we are doing and stay quiet for two minutes. This is called a moment of silence, and we do this to think about the people who fought for us.
- Wearing a Poppy: Many people wear a small red flower called a poppy on this day. The poppy is
  a symbol that helps us remember the soldiers. You might see people wearing poppies on their
  clothes.
- **Special Ceremonies:** Communities hold ceremonies where people gather to remember the soldiers. They might sing songs, say prayers, and listen to stories about the soldiers' bravery.

#### What Can You Do?

As you learn about Remembrance Day, you can also take some time to think about how lucky we are to live in a safe country. You can make a poppy craft, draw pictures, or talk to your family about what Remembrance Day means to them.

# **In Summary**

Canadian Remembrance Day is a very important day where we remember and honor the soldiers who fought for our freedom. It teaches us to be grateful and to appreciate the peace we have today.