

How to Mix Jelly: A Step-by-Step Guide

Making jelly can be a fun and delicious activity for children! Here's how to mix jelly step by step:

What You'll Need:

- 1 packet of jelly powder (choose your favorite flavor)
- 2 cups of boiling water
- 2 cups of cold water
- Measuring cups
- A mixing bowl
- A spoon for stirring
- An adult for supervision

Steps to Mix Jelly:

1. **Wash Your Hands:** Before you start, make sure to wash your hands with soap and water to keep everything clean.
2. **Boil Water:** Ask an adult to help you boil 2 cups of water. This water needs to be very hot!
3. **Mix the Jelly Powder:** Once the water is boiling, carefully pour it into a mixing bowl. Then, add the jelly powder to the hot water.
4. **Stir Until Dissolved:** Use a spoon to stir the mixture. Keep stirring until all the jelly powder is completely dissolved. This usually takes about 2-3 minutes.
5. **Add Cold Water:** After the powder has dissolved, measure and add 2 cups of cold water into the bowl. Stir the mixture again.
6. **Pour into Molds:** Now it's time to pour the jelly mixture into molds or cups. Be careful not to spill!
7. **Refrigerate:** Place the molds in the refrigerator and let the jelly set. This usually takes at least four hours, so be patient!
8. **Enjoy!** Once the jelly is firm, it's ready to eat! You can enjoy it straight from the mold or with a scoop of whipped cream.

Tips:

- You can add fruits to your jelly for extra flavor and fun!
- Make sure always to have an adult supervise, especially when using hot water.
- Experiment with different flavors to find your favorite jelly!

This activity not only teaches you how to make a tasty dessert but also gives you a sense of accomplishment. Have fun mixing jelly!