

Cholera is like a sneaky germ that makes your stomach upset and causes diarrhea, which means you have to go to the bathroom a lot and might feel very sick. Imagine this germ as a tiny 'bad guy' that sneaks into your tummy and tries to make you feel unwell.

When you drink water or eat food that has this 'bad guy' in it, it can start making you feel sick. It's like a little bug that likes to swim in water and then get into your tummy when you drink it.

Some signs that you might have this 'bad guy' in your tummy are feeling very thirsty, having a tummy ache, and running to the bathroom a lot. It's important to tell a grown-up if you feel this way so they can help you get better.

To stop this 'bad guy' from making you sick, it's essential to drink clean water, eat fresh food, and wash your hands properly. This helps keep the 'bad guy' away and keeps you healthy and strong.

Just like superheroes wear capes to protect themselves, you can be a 'Health Hero' by washing your hands, eating healthy foods, and drinking clean water to keep the sneaky cholera germ away!