

Objective

By the end of this lesson, the 2 year old student will have a basic understanding of prayer and be able to participate in simple activities related to prayer.

Materials and Prep

- A quiet and comfortable space
- A soft blanket or pillow
- Paper and crayons
- A children's book about prayer
- A small toy or object to use as a visual aid

Before the lesson, familiarize yourself with the children's book and prepare a few simple prayers or blessings to share with the student.

Activities

- **Activity 1: Prayer Circle**
Sit with the student in a circle on the soft blanket or pillow. Explain that you will be saying a prayer and invite the student to hold hands. Begin with a simple prayer, such as "Thank you, God, for this day. Amen." Encourage the student to repeat the prayer after you. Repeat this activity with a few different prayers or blessings.
- **Activity 2: Drawing Prayers**
Give the student paper and crayons. Ask them to draw something they are thankful for or something they would like to pray for. Encourage them to share their drawing and explain what it represents.
- **Activity 3: Story Time**
Read the children's book about prayer to the student. Pause at certain points to ask questions and engage in conversation about the illustrations and the concept of prayer.

Talking Points

- **Art:** "Art is a way to express our thoughts and feelings. When we draw, we can show what we are thankful for or what we want to ask God for."
- **English:** "When we say a prayer, we are using words to talk to God. We can say 'Thank you, God' or 'Please help me.'"
- **History:** "Prayer is something people have been doing for a very long time. It is a way to connect with God and show our love and gratitude."
- **Math:** "We can count our blessings when we pray. Let's think of three things we are thankful for and say them together."
- **Music:** "Sometimes we can sing our prayers. We can make up a simple song using the words 'Thank you, God' or 'Please help me, God'."
- **Physical Education:** "We can show our gratitude through movement. Let's do a gentle stretch and say 'Thank you, God' as we reach up high."
- **Science:** "God created the world around us. When we pray, we can thank God for the sun, the trees, and all the beautiful things in nature."
- **Social Studies:** "Prayer is something people from different cultures and religions do. It is a way to connect with our beliefs and values."