

## Objective

By the end of this lesson, you will be able to demonstrate basic hairdressing cutting techniques.

## Materials and Prep

- Mannequin head with hair
- Comb
- Scissors
- Hair clips or elastics
- Towel or cape to protect clothing
- Water spray bottle
- Mirror
- Table or work surface
- Access to a sink for clean-up

Before starting this lesson, make sure you have a basic understanding of the different hair cutting tools and their uses.

## Activities

- Activity 1: Introduction to Hairdressing Cutting Techniques

Watch tutorial videos or read articles on basic hairdressing cutting techniques. Take notes on the key points and techniques demonstrated.

- Activity 2: Practicing Basic Cutting Techniques

Using the mannequin head, practice the following techniques:

- Sectioning the hair
- Using a comb and scissors to create a straight cut
- Creating layers
- Thinning the hair
- Texturizing the ends
- Activity 3: Creating a Simple Haircut

Apply the techniques you have learned to create a simple haircut on the mannequin head. Start with a basic trim and gradually experiment with more advanced styles.

## Talking Points

- Discuss the importance of proper hairdressing techniques to achieve desired results.
- "Remember, always start with clean, dry hair before cutting."
- Explain the significance of sectioning the hair for better control and precision.
- "When creating a straight cut, hold the hair between your fingers and cut in small increments to avoid cutting off too much at once."
- Highlight the different methods for creating layers and their effects on the overall hairstyle.
- "Thinning the hair can help reduce bulk and create a more textured look."
- Emphasize the importance of practicing and experimenting with different techniques to gain confidence and improve skills.
- "Always remember to take breaks and step back to assess your progress and make any necessary adjustments."