

## Objective

By the end of this lesson, the student will have a basic understanding of bullying and how to respond to it.

## Materials and Prep

- No materials are required for this lesson.
- Ensure a comfortable and safe learning environment.

## Activities

- Role Play: Act out different scenarios where one person is being mean to another. Discuss how it makes the person being treated badly feel and how they can respond.
- Story Time: Read a children's book about kindness and discuss how being kind can prevent bullying.
- Art Activity: Have the student create a poster or drawing that promotes kindness and inclusivity.

## Talking Points

- "Bullying is when someone is being mean or hurtful to another person on purpose."
- "Bullying can happen at school, at home, or even online."
- "It's important to stand up against bullying and help others who are being treated badly."
- "If someone is being mean to you, you can tell a trusted adult like a parent, teacher, or caregiver."
- "Being kind to others and treating them with respect is the best way to prevent bullying."