

Objective

By the end of this lesson, you will be able to practice budgeting skills by planning a grocery shopping list within a specified budget while shopping online.

Materials and Prep

- Access to a computer with internet
- Calculator
- Knowledge of basic math operations (addition, subtraction, multiplication, division)

Activities

- **Activity 1: Setting a Budget**
Start by setting a budget for your grocery shopping. Research different grocery stores online and compare prices to determine the best place to shop within your budget.
- **Activity 2: Creating a Shopping List**
Make a list of items you need to buy. Include quantities and prices for each item. Total the estimated cost of your shopping list.
- **Activity 3: Adjusting the List**
If your total exceeds your budget, go back and adjust your list. Look for cheaper alternatives or reduce quantities to stay within budget.
- **Activity 4: Checking Out**
Practice placing items in an online shopping cart and checking out. Make sure the total cost does not exceed your set budget.

Talking Points

- **Setting a Budget:** "Before you start shopping, it's important to decide how much money you can spend. This will help you make smart choices."
- **Creating a Shopping List:** "List down all the items you need with their prices. This will give you a clear picture of your expenses."
- **Adjusting the List:** "If your total is too high, think about what you can do without or find cheaper options. It's all about balancing your needs with your budget."
- **Checking Out:** "When you're ready to check out, review your cart to make sure you're staying within your budget. It's like playing a game of staying on track!"