

## Objective

By the end of this lesson, you will learn about Leif Eriksson, a famous explorer, and understand his impact on history.

## Materials and Prep

- Paper
- Coloring materials
- Books or online resources about Leif Eriksson
- Map of the world

No prior knowledge needed, just bring your curiosity!

## Activities

- Create a drawing of Leif Eriksson sailing on a ship to explore new lands.
- Color a map of the world and mark where Leif Eriksson may have traveled.
- Act out a mini-play of Leif Eriksson discovering new lands with your family members.

## Talking Points

- Leif Eriksson was a brave explorer who lived a long time ago. You can say, "Leif Eriksson was a Viking explorer who sailed across the ocean to discover new lands."
- He was one of the first Europeans to reach North America. You can say, "Leif Eriksson was one of the first people from Europe to set foot in North America many years ago."
- Leif Eriksson's journey was full of adventures and challenges. You can say, "Leif Eriksson faced storms, rough seas, and unknown lands during his explorations."
- He named the new land he discovered "Vinland" because of the wild grapes he found there. You can say, "Leif Eriksson named the land he found 'Vinland' because of all the grapevines he saw."
- Leif Eriksson's explorations opened the way for more Europeans to come to America. You can say, "Thanks to Leif Eriksson, more people from Europe began to explore and settle in America."