

Objective

By the end of this lesson, you will learn dyslexia strategies to improve your reading skills and gain confidence in your reading abilities.

Materials and Prep

- Reading materials (books, articles, etc.)
- Paper and pencils
- A quiet study space

No prior knowledge is required, just an open mind and willingness to learn!

Activities

- **Reading Buddy:** Choose a family member or friend to read a book together. Take turns reading aloud to each other, and discuss the story as you go.
- **Word Search Fun:** Create a dyslexia-friendly word search with words related to your favorite topic. This activity can help improve word recognition and spelling skills.
- **Storytelling Time:** Write a short story or create a comic strip about a dyslexic character who overcomes challenges through creativity and perseverance.

Talking Points

- **Understanding Dyslexia:** "Dyslexia is a learning difference that affects how the brain processes written and spoken language."
- **Reading Strategies:** "Using tools like colored overlays, reading rulers, and audiobooks can make reading easier and more enjoyable for individuals with dyslexia."
- **Building Confidence:** "It's important to remember that dyslexia doesn't limit your intelligence or creativity. With practice and patience, you can become a strong reader."
- **Seeking Support:** "Don't be afraid to ask for help from teachers, parents, or tutors. They can provide you with additional resources and guidance to improve your reading skills."