

Objective

By the end of this lesson, your 2-year-old will have fun exploring art and music through the theme of Baby Beluga.

Materials and Prep

- Blue construction paper
- White paint
- Paintbrush
- Music player with "Baby Beluga" song
- Clear space for dancing

No prior knowledge required, just enthusiasm!

Activities

- Create a Baby Beluga painting: Help your child paint a baby beluga whale on the blue construction paper using white paint.
- Dance to the Baby Beluga song: Play the song and dance together, pretending to be swimming like belugas.
- Sing along: Encourage your child to sing along to the song and make beluga whale sounds.

Talking Points

- Beluga Whales are big and white. They live in the ocean.
- Say: "Baby Beluga in the deep blue sea, swim so wild and you swim so free."
- Belugas like to sing to each other underwater.
- Sing: "Baby Beluga, oh, baby beluga, is the water warm? Is your mama home with you, so happy."
- Belugas are known as the "canaries of the sea" because they are very vocal.
- Ask: "Can you make a sound like a beluga whale?"