

Objective

By the end of this lesson, you will understand how our actions can have consequences on ourselves and others.

Materials and Prep

- Blank paper
- Coloring materials
- Markers
- Scissors

No prior knowledge needed, just bring your curiosity!

Activities

- Create a "Consequence Wheel": Draw a circle on the paper and divide it into sections. In each section, draw an action and its consequence.
- Role-play: Act out different scenarios where actions lead to consequences, like sharing a toy or not cleaning up after playing.
- Story Time: Read a children's book that explores the theme of consequences, like "If You Give a Mouse a Cookie" by Laura Numeroff.

Talking Points

- Actions have consequences. When we do something, it can lead to a result. For example, if we help a friend, they might feel happy. Let's say, "When we are kind to others, it makes them smile!"
- Consequences can be good or bad. Good consequences make us happy, like when we eat our favorite snack. Bad consequences can make us sad, like when we forget our favorite toy at home. Let's say, "Good actions bring happiness, and bad actions bring sadness."
- Think before you act. Before doing something, it's important to think about what might happen next. If we jump in a puddle, our clothes will get muddy. Let's say, "Before we do something, let's think about what might happen."
- We can learn from consequences. When we experience a consequence, we can learn from it and make better choices next time. If we don't finish our homework, we might get in trouble. Let's say, "When we learn from our mistakes, we can do better next time."