

## Objective

By the end of this lesson, you will learn all about the beach and have fun exploring different aspects of it!

## Materials and Prep

- Bucket and spade
- Sunscreen
- Towel
- Shells (optional)
- Water for hydration

No prior knowledge needed, just bring your curiosity and excitement!

## Activities

- Build a sandcastle using the bucket and spade. Let your imagination run wild!  
Get creative with your sandcastle design. Maybe add some seashells or seaweed decorations!
- Collect seashells along the shore. Look closely at their shapes and colors.  
Observe the different types of seashells you find and try to guess which creatures lived in them.
- Splash in the waves and feel the water on your feet. How does the ocean feel?  
Enjoy the sensation of the water and try jumping over small waves if you feel adventurous!

## Talking Points

- Beaches are sandy areas by the ocean where you can play and have fun.
- Shells are homes that sea creatures live in. They come in different shapes, sizes, and colors.
- The sun at the beach can be very strong, so we wear sunscreen to protect our skin.
- The ocean is a big body of water that goes on for miles and miles. It's fun to feel the waves and splash around!
- Sandcastles are like big sandy houses we can build using buckets and spades. You can make them as tall as you want!
- Remember to stay hydrated at the beach by drinking water and taking breaks in the shade.