

## Objective

By the end of this lesson, you will learn about real-life heroes and understand how they help our communities.

## Materials and Prep

- Paper
- Crayons or markers
- Imagination!

Before starting the lesson, think about your favorite superhero and why you admire them.

## Activities

1. Create your own superhero! Draw a picture of your superhero and write down their superpowers.
2. Talk about what makes a hero. Are heroes always super-powered? Discuss real-life heroes like doctors, firefighters, and teachers.
3. Design a superhero cape! Use paper and crayons to make your own cape with symbols and colors that represent your superhero.

## Talking Points

- "Heroes are special people who help others and make the world a better place. They can be anyone, not just superheroes in comic books."
- "Real-life heroes like doctors and firefighters save lives and keep us safe. They are brave and caring."
- "What superpower would you want to have if you were a superhero? Maybe you would fly, have super strength, or be able to talk to animals!"
- "Heroes show kindness and courage. They inspire others to be their best selves and help those in need."
- "Creating your own superhero is fun! Think about what your superhero stands for and how they can make the world a better place."
- "Remember, even without superpowers, you can be a hero by being kind, helpful, and standing up for what is right."