

Objective

By the end of this lesson, you will be able to understand and describe the story of a ballet performance.

Materials and Prep

- A book about ballet
- Paper and crayons
- A ballet performance video (optional)

Activities

1. Read a Ballet Story: Start by reading a book about ballet to learn about the different characters, movements, and emotions involved in a ballet performance.
2. Draw a Ballet Scene: After reading the story, ask the student to draw a picture of their favorite ballet scene. Encourage them to include the characters and their movements.
3. Watch a Ballet Performance (optional): If available, watch a video of a ballet performance together. Discuss the different elements of the performance, such as the costumes, music, and storytelling through dance.
4. Act Out a Ballet Story: Create a simple ballet story with the student. Assign roles and encourage them to act out the story using ballet movements. Use their drawing as a reference for the scene.

Kindergarten Grade Talking Points

- "Ballet is a type of dance that tells a story using graceful movements."
- "Ballet performances have characters, just like in a storybook."
- "Dancers in ballet wear special costumes and shoes to help them move and look elegant."
- "Ballet music helps the dancers know when to move and how to express their emotions."
- "When we act out a ballet story, we pretend to be the characters and use ballet movements to show what they are doing."