

Objective

By the end of this lesson, you will understand the concept of sustainability and its importance in maintaining the environment for future generations.

Materials and Prep

- Pen and paper
- Access to the internet for research
- No prior knowledge required

Activities

1. **Research Task:** Look up examples of sustainable practices around the world and write a short summary of each.
2. **Environmental Audit:** Walk around your home and make a list of areas where you could be more sustainable (e.g., reducing water usage, recycling more).
3. **Design Challenge:** Create a poster or infographic promoting sustainable living practices to share with your family or friends.

Talking Points

- **Definition of Sustainability:** "Sustainability means using resources in a way that meets our needs without compromising the ability of future generations to meet their own needs."
- **Importance of Sustainability:** "Sustainability is important because it ensures that we can continue to live on Earth without depleting its resources or harming the environment."
- **Examples of Sustainable Practices:** "Examples of sustainable practices include recycling, using renewable energy sources like solar power, and conserving water."
- **Our Role in Sustainability:** "As individuals, we can make a difference by making small changes in our daily lives, such as reducing waste and conserving energy."