

Objective

By the end of this lesson, Nelly will be able to understand the basics of food shopping, including making a shopping list, comparing prices, and budgeting.

Materials and Prep

- Pen and paper
- Calculator
- Access to grocery store flyers or online shopping websites
- Basic knowledge of addition and subtraction

Activities

- **Activity 1: Create a Shopping List**
Nelly will pretend to plan a family shopping trip. Have her think about meals for the week and make a list of items needed.
- **Activity 2: Compare Prices**
Show Nelly different products with varying prices and ask her to calculate which option is the best deal.
- **Activity 3: Budgeting Challenge**
Give Nelly a budget and a list of groceries. Have her choose items within the budget while keeping track of the total cost.

Talking Points

- **Shopping List**
"A shopping list helps us remember what we need to buy at the store. It's like a plan for our shopping trip."
- **Comparing Prices**
"When we compare prices, we look at how much different products cost to find the best deal. It's like a little math puzzle!"
- **Budgeting**
"Budgeting means deciding how much money we can spend on groceries. We need to make sure we don't spend more than we planned."