

Objective

By the end of this lesson, you will be able to understand the process of growing sunflowers and care for them properly.

Materials and Prep

Materials needed:

- Sunflower seeds
- Pots or garden space
- Watering can
- Soil
- Sunlight

Before starting, make sure you have a sunny spot where you can grow your sunflowers and have all the materials ready.

Activities

1. Planting Sunflower Seeds: Plant sunflower seeds in pots or directly in the garden soil. Make sure to water them gently.
2. Observing Growth: Keep track of the growth of your sunflowers by measuring their height weekly.
3. Sunflower Art: Get creative and draw or paint pictures of sunflowers in your art time.

Talking Points

- What are sunflowers?

"Sunflowers are tall, bright flowers that follow the movement of the sun."

- How do sunflowers grow?

"Sunflowers grow from seeds planted in soil, they need sunlight and water to grow big and strong."

- Why do sunflowers face the sun?

"Sunflowers face the sun because they need sunlight for energy to grow."

- How can we take care of sunflowers?

"We can take care of sunflowers by watering them regularly and giving them enough sunlight."