

Objective

By the end of this lesson, you will be able to plant flowers and understand the basic care needed to help them grow.

Materials and Prep

Materials Needed:

- Flower seeds or seedlings
- Potting soil
- Pots or containers
- Watering can
- Gardening gloves (optional)

Prep:

- Choose a sunny spot for your plants
- Have a water source nearby
- Wear old clothes that can get dirty

Activities

- **Activity 1: Seed Planting**
Plant flower seeds in small pots filled with potting soil. Water gently and place in a sunny spot.
- **Activity 2: Watering Routine**
Learn how to water your plants properly. Check the soil moisture regularly and water when needed.
- **Activity 3: Observation Journal**
Keep a journal to track the growth of your plants. Note any changes you observe and how they are growing.

Talking Points

- **Plants Need Sunlight**
"Plants need sunlight to make food through a process called photosynthesis. Make sure your plants get enough sunlight each day."
- **Watering Plants**
"Plants need water to survive. Water your plants when the soil feels dry. Be careful not to overwater them."
- **Caring for Seedlings**
"Seedlings are delicate, so handle them with care. Make sure they have enough space to grow in their pots."