

Objective

By the end of this lesson, you will learn about the art, history, math, and science behind cooking while having fun creating your own dish!

Materials and Prep

- Ingredients for a simple recipe (e.g., pancake mix, eggs, milk, fruits)
- Cooking utensils (e.g., mixing bowl, whisk, measuring cups)
- Apron and chef's hat (optional for fun!)
- Adult supervision for using the stove or oven

Activities

- **Art:** Design your own menu card for the dish you are going to make. Use colorful markers and stickers to make it fun and appealing.
- **English:** Write a short story about a magical cooking adventure. Include characters, setting, problem, and solution.
- **History:** Research the history of the dish you are making. Where did it originate? How has it changed over time?
- **Math:** Practice measuring ingredients for the recipe. How many cups of flour do you need? How many eggs?
- **Science:** Explore the science behind baking. What happens when you mix ingredients together? Why does the dough rise?

Talking Points

- Art: "Let's use our creativity to make a beautiful menu card for our dish. What colors do you want to use?"
- English: "Can you imagine a story where the characters cook up a magical feast? What would they make?"
- History: "Did you know that pancakes have been enjoyed for centuries? Let's learn about their journey through time."
- Math: "Math is important in cooking! We need to measure ingredients correctly to make our dish delicious."
- Science: "Cooking is like a tasty science experiment. Let's see how our ingredients transform into a yummy treat."