

## Objective

By the end of this lesson, the student will have fun while improving their physical skills and learning about sharks.

## Materials and Prep

- Open space for movement
- Imagination

No special materials are needed, just a clear space to move around in and a big imagination!

## Activities

- **Shark Swim:** Pretend to swim like a shark, moving smoothly through the water.  
Imagine you are a shark swimming in the ocean. Can you move silently like a shark?
- **Shark Hunt:** Set up "shark fins" (paper cutouts) around the room for the student to find and collect.  
Let's go on a shark hunt! Can you find all the shark fins hidden around the room?
- **Shark Tag:** Play a game of tag where the student is the shark trying to tag other "fish".  
You're the shark now! Can you catch the other fish by tagging them gently?

## Talking Points

- Sharks are amazing creatures that live in the ocean.  
"Sharks are big fish that live in the ocean and they are very good swimmers!"
- Sharks have sharp teeth to help them eat their food.  
"Sharks have very sharp teeth to help them eat their favorite food like fish and seals!"
- Sharks come in different sizes and colors.  
"Sharks can be big or small, and they can have different colors like gray, white, or even black!"