

## Objective

By the end of this lesson, you will be able to introduce yourself in American Sign Language and have a basic understanding of ASL alphabet.

## Materials and Prep

- Pen and paper
- ASL alphabet chart (can be easily found online)
- Enthusiasm to learn!

No prior knowledge of ASL is required for this lesson.

## Activities

- Learn the ASL Alphabet: Practice fingerspelling your name and common words using the ASL alphabet chart.
- Introduce Yourself: Create a short introduction in ASL including your name, age, and a fun fact about yourself.
- Watch ASL Videos: Find ASL videos online and try to mimic the signs and expressions used by the signers.

## Talking Points

- Introduction to ASL: "American Sign Language is a visual language that uses hand shapes, facial expressions, and body movements to communicate."
- ASL Alphabet: "The ASL alphabet consists of 26 handshapes, each representing a letter of the English alphabet."
- Fingerspelling: "Fingerspelling is a way to spell out words letter by letter using the ASL alphabet."
- Facial Expressions: "Facial expressions are an important part of ASL as they convey tone, emotion, and emphasis."
- Practice Makes Perfect: "Consistent practice is key to becoming fluent in ASL. Don't get discouraged by initial challenges."