

Objective

By the end of this lesson, you will learn about Native American teachings and gain a deeper understanding of their cultural beliefs and practices.

Materials and Prep

Materials needed: paper, colored pencils, ruler

Prior knowledge: Basic understanding of Native American history and culture

Activities

1. Create a Dreamcatcher: Learn about the significance of dreamcatchers in Native American culture and make your own using paper and colored pencils.
2. Storytelling Time: Listen to a traditional Native American story or legend and then create your own story inspired by it.
3. Nature Walk: Take a walk outside and observe the natural world around you. Reflect on how Native Americans have a deep connection to nature.

Talking Points

- "Native Americans believe that everything in nature is connected. This means that plants, animals, and humans are all part of a larger web of life."
- "Dreamcatchers were originally used by the Ojibwe people to protect children from bad dreams. They are made with a woven net and beads, and are hung above beds."
- "Native American storytelling is an important way to pass down traditions and teachings from one generation to the next. It helps keep their culture alive."
- "Many Native American tribes have a deep respect for the land and animals. They believe in living in harmony with nature and taking only what is needed."