

## Objective

By the end of this lesson, you will have a better understanding of how the TV show Friends relates to various subjects like Art, English, History, Math, Music, Physical Education, Science, and Social Studies.

## Materials and Prep

Materials: Computer, notebook, pen

Prep: Watch an episode of Friends (if possible)

## Activities

1. Art: Create a Friends-themed poster or drawing capturing the essence of the show.
2. English: Write a short story or dialogue between Friends characters using proper grammar and punctuation.
3. History: Research the time period Friends was set in (1990s) and compare it to today's society.
4. Math: Calculate the average number of words spoken per episode in Friends.
5. Music: Identify and analyze the theme song of Friends, "I'll Be There for You" by The Rembrandts.
6. Physical Education: Create a workout routine inspired by the physical activities of the characters in Friends.
7. Science: Explore the science behind laughter and its effects on the body while watching Friends.
8. Social Studies: Discuss the friendships and relationships within the show and how they reflect social dynamics.

## Talking Points

- Art: "Let's express our love for Friends through art. What colors and images represent the show to you?"
- English: "Time to channel your inner writer! How would Joey and Chandler's conversation go in a new scenario?"
- History: "Travel back to the 90s with Friends. How has society changed since then?"
- Math: "Numbers can be fun too! How many words do you think are spoken in an average Friends episode?"
- Music: "Let's groove to the Friends theme song. What emotions does the music evoke?"
- Physical Education: "Time to get moving like the Friends gang. How can we turn their activities into a workout?"
- Science: "Laughter is the best medicine. How does watching Friends make you feel?"
- Social Studies: "Friends is more than just a show about friendship. How do the characters' relationships mirror real-life interactions?"