

Objective

By the end of this lesson, you will be able to understand and interpret basic music notation.

Materials and Prep

- Paper
- Pencil
- No prior knowledge required

Activities

- **Activity 1: Introduction to Music Notation**
Explore the basic elements of music notation such as notes, rests, and time signatures. Practice drawing these symbols on paper.
- **Activity 2: Note Identification**
Learn the names of different notes (whole note, half note, quarter note, etc.) and their corresponding durations. Create a cheat sheet for reference.
- **Activity 3: Rhythm Practice**
Clap out rhythms using the notation you have learned. Try to compose your own simple rhythms and notate them on paper.

Talking Points

- **Understanding Music Notation**
"Music notation is like a language that musicians use to communicate how to play music."
- **Notes and Rests**
"Notes represent sounds, while rests indicate moments of silence in music."
- **Time Signatures**
"Time signatures tell us how many beats are in each measure and what type of note gets the beat."
- **Practice Makes Perfect**
"The more you practice reading and writing music notation, the easier it will become to understand and play music."