

## Objective

By the end of this lesson, you will learn about the Vikings and their way of life, including their culture, explorations, and impact on history.

## Materials and Prep

- Pen and paper for note-taking
- Access to the internet for research
- Curiosity and enthusiasm to learn about the Vikings!

## Activities

- **Viking Exploration Map:** Create a map showing the Viking explorations and trade routes. Include key locations such as Scandinavia, Iceland, Greenland, and Vinland.
- **Viking Ship Building:** Design and build a model of a Viking longship using materials like cardboard, popsicle sticks, and paper.
- **Viking Runes:** Learn about the runic alphabet used by the Vikings and create your own name or message using Viking runes.
- **Viking Feast:** Prepare a simple Viking-inspired meal with foods like bread, cheese, fruits, and honey to experience a taste of Viking cuisine.

## Talking Points

- **Who were the Vikings?**  
"The Vikings were skilled seafarers and warriors who lived in Scandinavia during the Middle Ages."
- **What did the Vikings explore?**  
"The Vikings explored and settled in areas such as England, Scotland, Ireland, Iceland, Greenland, and even reached North America."
- **How did the Vikings communicate?**  
"The Vikings used the runic alphabet to write messages and inscriptions on stones, wood, and metal."
- **What were Viking longships?**  
"Viking longships were fast and agile boats that allowed the Vikings to travel long distances and navigate rivers and oceans."
- **What was Viking society like?**  
"Viking society was organized into clans led by chieftains, and they valued bravery, honor, and storytelling."
- **What legacy did the Vikings leave behind?**  
"The Vikings left a lasting impact on language, culture, and trade in the regions they explored and settled."