

Objective

By the end of this lesson, the student will be able to confidently perform basic chores such as washing dishes, vacuuming, and folding clothes, understanding the importance of each task in maintaining a clean and organized home.

Materials and Prep

- Dish soap
- Sponge or dishcloth
- Dish drying rack or towel
- Vacuum cleaner
- Clean laundry (clothes to fold)

Before starting, make sure the student knows how to safely use the vacuum cleaner and that they have a clear space to work in. Review any safety rules for handling the dish soap and vacuum cleaner.

Activities

• Washing Dishes

Start by filling the sink with warm, soapy water. Show the student how to scrub the dishes, rinsing them off, and placing them in the drying rack. Make it fun by timing how fast they can wash a set number of dishes!

• Vacuuming

Demonstrate how to use the vacuum cleaner and let the student take over. Turn it into a game by seeing who can pick up the most crumbs or dirt in a certain amount of time!

• Folding Clothes

Gather a pile of clean clothes and show the student how to fold different types (shirts, pants, etc.). Encourage them to make neat piles and even organize them by color or type for extra fun!

Talking Points

- "Washing dishes helps keep our kitchen clean and makes sure we have clean plates and cups to use!"
- "Vacuuming is important because it removes dirt and dust, making our home a healthier place to live!"
- "Folding clothes not only makes them look nice, but it also helps us find what we need quickly!"
- "Every chore we do is like a little puzzle, and when we finish, we get to see how nice everything looks!"
- "Working together on chores can be fun! It's a great way to spend time with family!"
- "Doing chores teaches us responsibility and helps us learn new skills!"
- "When we finish our chores, we can relax and enjoy our clean space!"
- "Remember, it's okay to ask for help if you're unsure how to do something!"