

Objective

By the end of this lesson, the student will understand the concept of the first day of school, including what to expect, how to feel, and the fun activities they can do. They will also learn about new friends and the importance of school.

Materials and Prep

- No specific materials are needed for this lesson, just your imagination and enthusiasm!
- Be prepared to talk about feelings and experiences related to starting school.
- Think of some fun stories or personal experiences about your own first day of school to share.

Activities

- **Story Time:**

Read a fun story about the first day of school. You can make up a story about a character who is nervous but ends up having a great time. Ask the student questions about how they think the character feels.

- **Feelings Chart:**

Create a feelings chart using facial expressions. Draw or describe different faces (happy, nervous, excited) and discuss how they might feel on the first day of school. Ask the student to point to how they feel.

- **School Supplies Role Play:**

Act out a morning routine on the first day of school. Pretend to pack a backpack with imaginary school supplies, like books and crayons. Discuss what each item is for and how it helps in school.

- **Friendship Circle:**

Talk about making new friends. Have a pretend circle time where the student can introduce themselves, share their favorite color, and what they like to do. Encourage them to think about what they might want to say to new friends.

Talking Points

- "The first day of school is like a big adventure! Can you think of what you might see?"
- "It's okay to feel a little nervous. Everyone feels that way sometimes!"
- "Making new friends is fun! What do you think you could say to a new friend?"
- "School is a place where we learn new things and have fun! What are you excited to learn?"