

## Objective

By the end of this lesson, the student will be able to write a creative and reflective diary entry that expresses personal thoughts and feelings, while utilizing descriptive language and proper structure.

## Materials and Prep

- Paper or a notebook for writing
- A pen or pencil
- A quiet space for reflection

Before the lesson, remind the student about the importance of honesty and creativity in diary writing. Encourage them to think about their day-to-day experiences and feelings.

## Activities

- **Warm-Up Reflection:**

Start the lesson with a 5-minute reflection where the student thinks about their day. Ask them to jot down three things that stood out to them, whether they were good or bad.

- **Diary Entry Brainstorm:**

Have the student choose one of the three reflections and brainstorm ideas on what to include in their diary entry. Encourage them to think about how they felt during that moment and why it was significant.

- **Writing the Diary Entry:**

Give the student 15-20 minutes to write their diary entry. Remind them to start with the date and a greeting (like "Dear Diary"), and to use descriptive language to express their thoughts and feelings.

- **Sharing Time:**

After writing, allow the student to share their diary entry if they feel comfortable. This can help them practice verbal communication and receive positive feedback.

## Talking Points

- "Writing a diary is like having a conversation with yourself. It's a safe space to express your thoughts."
- "Don't worry about spelling or grammar right now. Focus on getting your feelings down on paper!"
- "Think about the five senses when you write. What did you see, hear, smell, taste, or feel?"
- "Your diary is your own personal story. There are no right or wrong entries!"
- "Consider starting your entry with a question. For example, 'What made me smile today?'"
- "Remember to date your entry. It helps you keep track of your thoughts over time."
- "Feel free to use drawings or doodles in your diary. They can express what words sometimes can't!"
- "Reflect on your feelings. How did that event make you feel? Why do you think you felt that way?"

- "You can write about anything! Big events or small moments can be equally important."
- "Review your entry after writing. Is there anything you want to add or change?"
- "Consider what you learned from today. How can you use that in tomorrow's entry?"
- "Keep your diary private, unless you choose to share it. It's your personal space."
- "Have fun with it! Writing should be enjoyable and a way to express who you are!"